

Psalm 30 (Mourning Into Dancing)

Lyrics and Music by Shane Heilman

(Verse 1)

D

I will extol You, O LORD

Gadd9 A

For You have lifted me

D Gadd9 A

You haven't let my enemies rejoice over me

(Pre-chorus 1)

Em7 D/F# G A

O LORD, my God, I cried to You, You healed me

Em7 D/F# G

You raised my life up from the grave, O-o-o

Em7 D/F# G A G A

You have preserved my life so I would not go down to the pit

(Chorus 1)

D D/F#

All you saints, sing praises to the LORD, and

Em7 D/F#

To His holy name give thanks

G A D

For His anger is only for a moment

D/F#

His favor lasts a lifetime

Em7 D/F#

Weeping may endure for the night

G A D

But joy comes with the morning light

(Bridge)

Bm

When I was prospering

A/C# D

I said I won't be moved

A/C# G

By Your steadfast love You made my mountain stand strong

A

When You hid Your face I was dismayed

Bm

I cried out to You

D D/F#
And to the LORD I plead for mercy
Gadd9 A

What profit is there in my death
Bm

If I go down to the pit
D

Will the dust praise You?
D/F# Gadd9

Will it declare Your truth?

A Bm
Hear, O LORD, and have mercy on me

D D/F# Gadd9 Asus A
O LORD, be my helper Then You answered...

(Chorus 2)

D D/F#
You have turned my mourning into dancing

Em7 D/F# G A
You took off my mourning clothes and You clothed me with joy

D D/F#
So my glory may sing praise to You

Em7
And not be silent

D/F# G A
Lord, my God, I'll thank you forever (3x)

(Outro)

(Ad-lib vocals)

D – D/F# - Em7 – D/F# - G – A (3x)